

EXPLORING THE SELF AND RELATIONSHIPS

Therapy Group



Brattleboro Retreat

Do you...

- ✓ Find it difficult to connect post-COVID?
- ✓ Seek greater insight and self-awareness?
- ✓ Wish you could stop repeating the same patterns over and over?
- ✓ Desire more intimacy and better communication in your relationships?

Participate in a powerful group to develop meaningful connection with others, give and receive feedback, reveal oneself, and examine the hidden and unconscious aspects of your feelings, behaviors, and motivations.



Tuesdays 1:30-3:00 PM
In person at the Brattleboro Retreat

Offered by the
Anna Marsh Clinic

To express interest, email:
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